



# Low Power Terrain Protocol for Spooky<sup>2</sup>

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Spooky Team

## Low Power Terrain

These presets are low powered versions of the standard Terrain protocol. The first preset is 1/20th the amplitude of the standard protocol. The 2nd preset is 1/10th the amplitude, the 3rd is 1/5th, and the last is 1/2 the amplitude of the terrain preset.

I recommend running the first preset for 11 days. If you experience a significant amount of detox on this preset, continue running it until the detox is no longer significant. Then move on to the second preset.

Again with the 2nd preset, while you are having significant detox symptoms, continue running this preset until the detox symptoms subside. Then repeat this process with the 3rd preset and the 4th preset. When you've completed the 4th preset without significant detox, move on to the standard full power Terrain protocol found in the *Presets* tab of Spooky<sup>2</sup>, under >Detox, >Remote, *Terrain (R)* - BY.

Now take control.

*Spooky Team – May 2020*